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 **Support for Students, Parents & Carers**

Southport SHS has a committed team of Education, Engagement and Wellbeing staff who are here to provide support
and guidance to students and parents. To request support, please contact the relevant staff member.

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| **School-Based Support**  |
| **Heads of Department – Academic Guidance, Support & Differentiation** Every subject area has a [Head of Department](https://southportshs.eq.edu.au/our-school/our-staff) (HoD) that manages the curriculum, assessment and reporting for that subject. They can assist students with matters regarding: subject selection, missed assessment, class attendance and concerns about workload. We also have a HoD of Differentiation who leads our inclusive education team, helping to ensure students with exceptional needs are supported by reasonable adjustments and tailored teaching strategies.  |
| **Deans of Students – Student Leadership, Engagement & Behaviour Support** Each year level has a dedicated [Dean of Students](https://southportshs.eq.edu.au/support-and-resources/student-services-and-support-programs/the-deans-of-students), working closely with students and families to organise, promote and support student: pastoral care, leadership and personal development, engagement, wellbeing, behaviour, attendance, assemblies and cohort-specific events (e.g. camps, ceremonies, celebrations, etc.). |
| **Guidance Officers – Educational, Vocational & Personal Support** We have dedicated [Guidance Officers](https://southportshs.eq.edu.au/support-and-resources/student-services-and-support-programs/guidance-officers) for Junior, Middle and Senior Secondary students, who provide: advocacy, counselling, psychoeducational assessment and individual student support; recommendations and advice to students, teachers and parents concerning educational, behavioural, career development, mental health and family issues; and assistance with referrals to local professionals and agencies.  |
| **School Based Youth Health Nurse –** **Health and Wellbeing Support**Our [School Based Youth Health Nurse](https://southportshs.eq.edu.au/support-and-resources/student-services-and-support-programs/school-based-youth-health-nurse) (Tuesdays & Thursdays) provides one-on-one health consultations, information and referrals for matters including mood and stress, relationships, healthy skin, healthy eating and physical activity, personal and family problems, growth and development, sexual health, and smoking, alcohol and other drugs. |
| **Youth Support Officer &** **Indigenous Community Coordinator**Our Youth Support Coordinator (YSC) primarily works to support at-risk Years 9 & 10 students to remain engaged in education and to achieve positive outcomes. Our YSC is also our [Indigenous Community Coordinator](https://southportshs.eq.edu.au/support-and-resources/student-services-and-support-programs/indigenous-support-years-7-12-and-youth-support-years-9-10), providing support, guidance, program coordination and referral services to our Aboriginal and Torres Strait Islander students and families. |
| **Community-Based Support** |
| [**triplep-parenting.net.au**](http://www.triplep-parenting.net.au) **| Triple P – Positive Parenting Program**An online, government-funded program designed to equip parents with the skills & knowledge to create a closer bond with their child as they support their learning, development, life skills & emotional wellbeing.  |
| **[parentline.com.au](https://parentline.com.au/) | 1300 30 1300 | Free phone & webchat counselling for parents/carers**✓Challenging behaviour & discipline ✓Parenting strategies ✓Parent-child relationships ✓Parent relationships ✓Parent mental/emotional health ✓Managing unexpected problems with children ✓Crisis advice |
| **A black text on a white background  AI-generated content may be incorrect.**[**raisingchildren.net.au**](http://www.raisingchildren.net.au) **| Your complete and trusted online parenting resource**Free, reliable and up-to-date information, tips and tricks, hundreds of answers to parenting questions tailored to different ages and stages. Funded by the Australian Government, reviewed by experts and non-commercial, so you know you can trust us.  |
| **[familychildconnect.org.au](http://www.familychildconnect.org.au) | 13 FAMILY (13 32 64) |** [**Online Referral**](https://familysupportreferral.org.au/)Experienced family support workers who can connect you to local services to help with: ✓Managing child behaviour (defiance, school refusal, truancy, running away) ✓ Building better family relationships ✓Stopping violence at home ✓Alcohol, drug or gambling problems ✓Housing, health care or government services. |
| [**headspace.org.au**](https://headspace.org.au/) **| 1800 650 890 | In-Person, Phone and Webchat Support**headspace is Australia’s National Youth Mental Health Foundation and provides early intervention mental health & wellbeing services to 12–25 year-olds (Southport office).  |
| A close-up of a logo  AI-generated content may be incorrect.[**Mental Health Care Plans (MHCP)**](https://www.servicesaustralia.gov.au/mental-health-care-and-medicare?context=60092) **|** [**Child and Youth Mental Health Service**](https://www.goldcoast.health.qld.gov.au/referrals/services/child-and-youth-mental-health-service-cymhs) **(CYMHS) - 1300 64 22 55****MHCP**: If your child is struggling with mental health, a Mental Health Care Plan from your GP can help cover some of the cost (through Medicare rebate) of seeing a specialist mental health professional. **CYMHS**: Specialist complex mental health care for young people & their families through QLD Health.  |

