

# 2019 Tuckshop Menu

## BREAKFAST (8- 8:45)

Yoghurt Greek Plain/Berry/Mango	\$3.00
Yoghurt & Homemade Muesli	\$3.50
Fruit Tubs – Watermelon, Rockmelon/ Fruit Salad	\$3.00/\$3.50
Egg & Bacon Roll/Cheese	\$3.00/\$3.50
Toast Jam/Vegemite	\$1.00
Raisin Toast (1)/Cinnamon Toast (2)	\$2.00
Ham and Cheese Toastie	\$3.00
Pancakes (2) with Maple Syrup	\$3.00
Baked Bean/Spaghetti Toastie	\$3.00

## HOT FOOD

Cheese & Spinach Roll 110gm	\$3.00
Traveller Pie	\$4.00
Sausage Roll	\$3.00
Hotdogs: Plain/Cheese	\$3.00/\$3.50
Pizza Rounda	\$3.50
Pizza Homemade Cheese & Bacon	\$3.00
Lasagne	\$4.00
Sweet Chilli Chicken Tender Wrap	\$4.00
Wedges/Chicken Sticks	\$2.50
Burgers: Chicken/Veggie/Beef	\$5.00
Nachos	\$4.50

## LUNCH

### Wraps

Salad/ Chicken Caesar/Falafel	\$5.00
Chicken Cheese Toasted <small>(choice of sauces)</small>	\$5.00
Chicken/Ham Salad	\$6.00

### Focaccias

Chicken Cheese (choice of sauces)	\$5.50
Ham Cheese Tomato	\$5.00
Avocado Cheese Tomato	\$5.00

### Paninis

Ham Cheese Toasted	\$4.00
Chicken Cheese Toasted	\$5.00

### Salad Tubs

Cheese Small/Large	\$4.80/\$5.80
Chicken/Ham Small/Large	\$5.80/\$6.80
Chicken Caesar Small/Large	\$5.50/\$6.50

### Sandwiches (GF \$2.00 EXTRA)

Chicken & Mayo	\$3.50
Egg & Lettuce	\$3.50
Chicken/Ham & Salad	\$5.00
Ham, Cheese & Tomato	\$3.50
BLT/BLAT	\$4.50/\$5.00
Salad	\$4.50

## SUSHI

Chicken Avo/Teriyaki	\$3.50
Tuna/Tuna Avocado	\$3.50
Sushi Mayo	\$ .50

## SNACKS

Muffin/Biscuit	\$1.50
Chips	\$1.50
Banana Bread	\$2.00
Cheese & Crackers	\$2.00
Hummus Crackers & Carrot Sticks	\$2.50
Frozen Yoghurt - Mango, Strawberry	\$2.50
Bliss Balls (2)	\$2.00
Chocolate Mousse	\$2.50
Boiled Egg	\$1.50
Looney Tunes Ice Cream Vanilla	\$2.00
Lemonade Ice Block	\$1.50
Scooby Doos/The Flash	\$2.00
Raspberry Split	\$2.50
Mango Split	\$2.50
Water Ice Block	\$1.00

## COLD DRINKS

Milk 500mL	\$2.00
Milk 300mL Choc Strawberry Coffee	\$2.50
Milk 500mL Choc Strawberry	\$3.50
GC Juice 350mL – Orange, Apple, ABC	\$3.00
Daily & Bundy Juice 500mL	\$3.80
Popper Juice 250mL	\$1.50
Water 600mL/1.5L	\$2.00/\$3.00
Nippy's 375mL Choc, Coffee, Mocha	\$3.50
Boost Juice	\$4.00

## HOT DRINKS

Hot Chocolate <small>(small/large)</small>	\$2.50/\$3.00
Home Made Hot Chocolate	\$1.50
Chai Latte	\$3.00
Long Black	\$2.50
Flat White/Cappuccino/Latte <small>(sml/lge)</small>	\$2.50/\$3.00

## WEEKLY SPECIALS (PREORDER ONLY)

### Monday Special

Vege Burger with the Lot	\$6.00
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### Tuesday Special

Hot Chicken & Gravy Roll	\$4.50
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### Wednesday Special

Teriyaki Chicken Sushi Salad Bowl	\$5.50
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### Thursday Special

Peri Peri Chicken Tender Salad Bowl	\$5.50
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### Friday Special

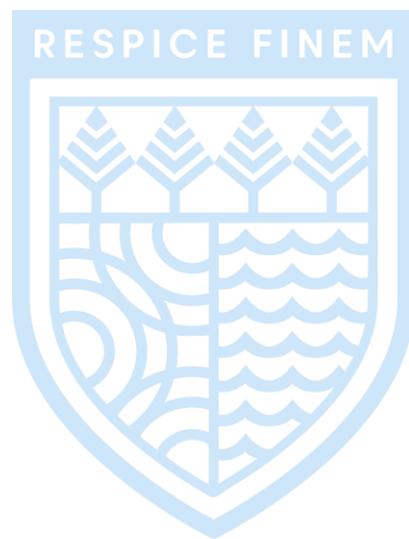
BBQ Chicken Pizza Thick Crust	\$5.00
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## DRINK SPECIALS

Fresh Fruit Smoothies	\$4.00
Iced Chai Latte	\$4.00

Please note: prices subject to change without notice

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# Southport State High

INDEPENDENT PUBLIC SCHOOL

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