From The Principal

The year is well and truly underway as we finish Week 5 of Term 1.

Our official enrolment has been calculated and I am pleased to say that we have 1575 students enrolled for 2015. This is an increase of 145 students from last year. It is great to see the confidence from our local parents and guardians trusting Southport State High School with the education of their children.

Our 312 Year 7 students who have settled in well have adjusted to high school very quickly and are already achieving some wonderful results. I congratulate all staff on ensuring this successful start to high school for our students.

We are looking forward to celebrating the successes of the class of 2014 with a Recognition Assembly this Friday. We have invited back last year’s Year 12 students and will be formally acknowledging their achievements into further studies, apprenticeships and employment.

Thank you to all our parents and students for the support in regards to our Uniform Policy. It is wonderful to see all students wearing the school uniform with pride. It is never easy to introduce a new uniform into a school, however due to a lot of hard work by key people; all uniforms should now be available for purchase. The new senior uniforms have again lifted the profile of our school in the wider community, with many local business owners passing on their compliments. We have set a high standard and now it is up to the school to maintain and enforce the appropriate wearing.

We have had to change the date of our next P&C meeting to Tuesday 10th March at 5:30pm. All are welcome to attend.

We are always trying to improve our communications as we want to ensure that all our parents and caregivers stay involved and can receive the best information for their child quickly. Parents/carers have recently been emailed a personalised letter with their student’s teachers’ names and email addresses. Please ensure the school has your current email address. Remember also that the Southport State High School App is ready to download from the app store. To access the app, type in the search function for Southport State High School. The app is loaded with current and up-to-date information. You can also subscribe to receive push notifications for certain groups. Our school website www.southportshs.eq.edu.au is always being updated and should be a main port of call for information about upcoming events. We are also trialling QParents which allows parents to connect instantly with their child’s school to access and manage their child’s student information, including timetables, academic report cards, enrolment details, attendance and absence details, as well as the ability to notify the school of a planned absence, or to notify the reason for a past absence, view unpaid invoice details, payment history, and make payments online.

At this time of the year it is important to remember for all year levels that assessment is due very soon. I am always asked how parents can help their students at this time.

I have a few simple tips for you:

- Make sure you find out when your child’s assessment is due (Assessment Calendar available on school website).
- Make sure that your child is doing homework each night (“I don’t have homework” is not true).
- Read through their assignments and homework and check the Criteria Sheets.

These tips might just be that little bit of support that could make a huge difference in your child’s academic performance.

Reporting in 2015 has slightly changed this year with two interim reports being completed mid-
semester (followed by teacher/parent interviews) and two full end of semester reports.
We certainly have a lot of great things happening at our school including the school musical, Kokoda Challenge, and Heron Island trip to name a few. We will endeavour to keep you informed through our newsletter, website, school app, emails and text messages.

I look forward to seeing you all at upcoming events.

Mr Greg Morgan
Acting Principal

Calendar of Events

The following are proposed dates on our school calendar. A more extensive version can also be viewed on our school website or app.

<table>
<thead>
<tr>
<th>MARCH</th>
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<tbody>
<tr>
<td>2nd &amp; 4th</td>
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<tr>
<td>6th</td>
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<td>10th</td>
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<tr>
<td>11th</td>
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<tr>
<td>13th &amp; 20th</td>
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<tr>
<td>26th</td>
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<tr>
<td>23rd – 27th</td>
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<tr>
<td>30th – 2nd Apr</td>
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<tr>
<td>30th – 2nd Apr</td>
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<tr>
<th>APRIL</th>
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<td>2nd</td>
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<td>3rd</td>
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Junior Secondary

Thank you to the students and parents who attended the Year 7 Meet and Greet afternoon on Monday 16th February. It was a pleasure getting to know the new families to the school. For those parents who could not attend, your child’s roll mark teacher will be emailing a copy of their presentation to you, which outlines some basic information about the term and assisting your child in their transition to high school.

In this week’s newsletter, we would like to share the first skill from *the 7 Habits of Highly Effective Teens* by Sean Covey.

**Be Proactive**
I am the force.
I am the captain of my own life.
I can choose my attitude.
I am responsible for my own happiness or unhappiness.
I am in the driver’s seat of my destiny, not just a passenger.

This chapter explores the philosophy of choosing to be **reactive** or **proactive** in our responses to situations, especially in dealing with adversity. Reactive people make choices based on impulse. Proactive people make choices based on **values**.

This week, our focus value is **Teaching and Learning** our focus behaviour is **Perseverance** - persistence in doing something despite difficulty or delay in achieving success.

The attitude to succeed in something, requiring perseverance is an example of being proactive. There is also language that we can use to respond to situations, especially those situations that we find ourselves in, where things may not be going our way. Examples of proactive language and reactive language are:

<table>
<thead>
<tr>
<th>Reactive Language</th>
<th>Proactive Language</th>
</tr>
</thead>
<tbody>
<tr>
<td>I’ll try</td>
<td>I’ll do it</td>
</tr>
<tr>
<td>There’s nothing I can do</td>
<td>I can do better than that</td>
</tr>
<tr>
<td>That’s just the way I am</td>
<td>Let’s look at all our options</td>
</tr>
<tr>
<td>I have to</td>
<td>I choose to</td>
</tr>
<tr>
<td>I can’t</td>
<td>There’s got to be a way</td>
</tr>
<tr>
<td>You ruined my day</td>
<td>I’m not going to let your bad mood rub off on me</td>
</tr>
</tbody>
</table>

There are many things that we cannot control, the colour of our skin, who our parents are, how people treat us, but the one thing we can control is how we respond to what happens to us. This week, we would like to encourage our students to focus on the things that they can control:

1. Their attitude
2. Their choices
3. Their response to whatever happens to them

“**Whether I fail or succeed shall be no man’s doing but my own. I am the force**” Elaine Maxwell

Ms Rochelle Lewis & Mr Dan Marrone
Deputy Principals – Junior Secondary

Senior School

**Study Skills**

Parents and students were educated in contemporary study skills and assessment techniques at the recent Elevate Education workshops. We received some very positive feedback from these practical sessions. Thank you to all those parents who were able to attend and support their senior students.

**Senior Information Night**

Despite the noise from the rain on the roof of the Creative Arts Centre, there was a fabulous response to our information night for Year 11 OP eligible students and their parents. Lots of information was dispersed and everyone is now well informed about the OP system and the importance of each student achieving the best possible results in their subjects and all students being well prepared and contributing to the Queensland Core Skills Test in September of their Year 12 year.
QCS Preparation – Year 12
Due to the change to our sports program in 2015, there is concern that our Year 12 students will miss valuable QCS preparation time. In line with other schools in our sports cluster, Year 12 OP eligible students will now participate in QCS practice on Fridays instead of interschool sports. We are confident that this will prepare our students to achieve better results. Our goal is to obtain a mean on the QCS test greater than 175.

Senior Badges
Year 12 students have been presented with their senior badges at a recent assembly. As role models for our school, they will wear these with pride as they demonstrate the values and standards of Southport SHS. It was very inspirational to see many of our 2014 students return to a recent assembly where they were recognised for their achievements. A number of students addressed the assembly to share their journey to their new pathway – whether that is university, TAFE or the workforce.

Our current Year 12 school leaders were also presented with a leadership badge on assembly.

Congratulations to:
School Captains: Lauchlan Kerr and Tiana Storm
Vice Captains: Lara Filmer and Chelsea Tatton
Leaders: Hazel Aktas, Chloe Fox-Horn, Ethan Hough, Coralie O'Shea, Andrew Von Hollstein, Dario Wilson, Nao Dupre-Virtamo and Tarni Forbes.

Mrs Deb Talbot
Deputy Principal

The Deans’ Corner
Over three weeks down now and by all reports it has been a fantastic start to the year!

Students across all year levels are fully engaged in school life, both inside and outside of the classroom, and doing their utmost to demonstrate the school’s core values – Teaching and Learning, Ourselves, Responsible Relationships, and Our Community. For students who are going above and beyond in their demonstration of the TORO values, certificates will begin to be presented in week four of this term on our weekly year level assemblies. Teachers have been busy sending certificate nominations through to the relevant Deans, and it is truly amazing to see the levels of excellence students have been able to demonstrate in such a short period of time.

Only a small number of students have needed to be spoken to in regards to uniform breaches since the beginning of the year. The school uniform must be worn each day, with no mixing of the day and sports uniforms. This includes the proper socks (no sockettes), proper shoes (all leather, or imitation leather; no fabric or suede; all black) and minimal jewellery (one pair of simple earrings; one watch / bracelet; no facial piercings; no spacers). We are also having quite a few uniform articles, particularly hats, being handed in to lost property. To avoid this happening to your student, please make sure their name is written clearly inside their uniforms. If you would like any further information on the school’s Uniform Policy, please check out our school website, our school app, or come on in and speak to one of the Deans.

Miss Ky Hinselwood - Dean of Students – Years 7 and 8
Mrs Jeanette Karl - Dean of Students – Years 9 and 10
Mrs Chris Nikora - Dean of Students – Years 11 and 12

Valentine’s Day Fundraiser
Congratulations to our Emerging Leaders Program who raised nearly $1,000 (close to their target) for the first 2015 charity fundraiser.

This year our goal is to raise funds to support projects with our sister school in Fiji which would culminate in the students travelling to Fiji to see their hard efforts come to fruition in November 2016. These small projects make a big difference not only reflecting the “TORO” values of our school – our community and our relationships- but it also enhances student leadership by giving to those who do not have the opportunities that our students have. This in turn spreads passion, empathy and a sense of community and belonging.

If you or your student would like to be involved in the Emerging Leaders Program or have aspirations to become a leader or future school captain, I encourage you to make contact with Leadership Coordinator, Mr Lee Rossow (G Block staffroom) or attend our 7:30am Wednesday morning Leadership sessions.

Mrs Rachel Cutajar
Deputy Principal

The School App
One of the most efficient ways to receive updates, important notifications and information essential to parents is through the School App. The School App offers an easy way to receive these important notifications on any Android device. Simply go to the App Store on your device and search in the search bar “Southport State High School” and you will see our school logo appear on our free App, then click download. The App will appear on your screen along with all of your other Apps. Along with notifications, the App also features all staff email

Great state. Great opportunity.
addresses including the absentee email, student services and other support services contact details. The App offers an interactive means of communication between yourself, your students and their teachers with weekly Maths questions offered tailored to the topics your student is learning in class. For further information on the School App please contact me on pmcle37@eq.edu.au

Miss Pauline McLeod
Digital Learning Co-ordinator

Gone Walkabout
Watch this space, each fortnight we will keep you up to date with important information and dates, as well as some fun facts and knowledge.

Dates for Term 1
- AIME – TBA
- 19th March - National Close the Gap Day
- 21st March - Harmony Day

Deadly Words
Each fortnight we will add new words to our vocabulary. These words come from our local Aboriginal Yugambeh Language. Try using these words with your friends or at home. *Bulayabru* (pronounced Boo-la-ya-broo) – Three *Bulabula* (pronounced Boo-la-boo-la) – Four

Did you know – AIME (Australian Indigenous Mentoring Experience) is Australia’s most successful mentoring program. AIME provides support, belief, guidance and skills to succeed in school. Their focus is to encourage AIME students to have confidence in their identity and a pathway through school and onto university, training or full-time employment.

AIME believe that being Indigenous equals success. www.aimementoring.com or search AIME on Facebook.

The Indigenous Education Worker (IEW) can provide support to Aboriginal and Torres Strait Islander students across a range of issues. I am available in the school on a Monday, Tuesday and alternate Friday in F13. Ms Maddie Hodge is also available in the school on Friday in F13.

Ms Vicki Campbell
Indigenous Education Worker
vcamp23@eq.edu.au

Mathematics
What a busy start to the year we have had in the Mathematics Department. Our year 7 and 9 students have been busy preparing for the NAPLAN numeracy test (only twelve weeks away) and our Year 8 students have focused on achieving a seamless transition into their high school mathematics studies. The senior students (Years 10, 11 & 12) have been focusing their attention on the requirements (building a repertoire of problem solving skills) of the various senior mathematics syllabi.

As you can appreciate, our mathematics courses are designed around the use of technology and hence calculator use is integral to your child’s success in maths. We appreciate that at times students simply forget to bring their calculator to class; however, we ask that parents support teachers in checking that students have a scientific calculator packed in their pencil cases throughout the week.

Please note - A scientific calculator can be purchased from a variety of retail shops including Kmart and Dollars & Sense. They range in price from $2.00 to $30.00 (approximately). To check that your child has a scientific calculator look for a percentage key, (cos, sine & tan keys) and a fraction key.

PARENT MATHEMATICS MASTER CLASS
On Thursday 12th February the Mathematics Department held a Years 7-10 Parent Master Class evening in which parents were thrown back into the classroom environment. The purpose of the evening was to introduce parents/carers to our mathematics staff, to showcase what the term has in stall for students and to dust off some of the old mathematical cobwebs. It was pleasing to see over thirty-two Year 7 and seventeen Year 8 parents eagerly awaiting their pop quiz results and raising their hands so proficiently to ask questions of the various mathematics topics and support measures available for their child.

All parents/carers were introduced to the relevant term planners which outlined the content their student will be taught this term as well as the various assessment items students will be exposed to. The wonderful worlds of MangaHigh (Year 7) and Mathletics (Year 8) were visited to showcase homework expectations and differentiation tools. Parents/carers were also shown how to access our brand new on-line My Maths textbook and how to best support their child’s numeracy development.

Our next Parent Master Class will be held on Wednesday 11th March for Years 7 and 9 parents.
I would like to thank my dynamic team, for their continual support;
Year 7 - Julia Priestly, Hana Tomsaveic, Steve Attard and Amanda Barrett
Year 8 - Stephen Dunbar and Kevin Richard
Year 9 - Chantel Rodas and Lee Rossow
Year 10 - Kieran Blaney and Dean McGlinn

Spotlight on NUMERACY

- This year again sees our FRAMES numeracy question of the week delivered to parents via a push notification on the SSHIPS App. Each question is designed to target an identified deficit area in the relevant cohorts numeracy skill set. Questions are delivered on a Monday and answers are pushed out on a Friday.
- App of the week: Amazing Time - helps children learn to read the time as well as understand the language of time.

Mrs Cara Avery
Head of Department - Mathematics

English

Welcome to 2015. We have a very exciting year ahead of us at Southport State High School. Teachers have been getting to know your children and making pedagogical choices to accommodate individual learning styles and lesson engagement which lead to overall improved student learning.

Year 7 parents and carers, I ask you to look out for your child’s “Class Dojo” codes which will be coming home this week. Your child’s English teacher is set up to communicate with you and keep you up-to-date with their progress, important updates and messages via the “Class Dojo” app. It’s very simple to set up and takes less than a minute.

All assessment information and due dates are now available on One School via the ‘Course Assessment Planner’. I encourage parents and carers to assist their teenagers by familiarising themselves with the course materials and assessment planners.

Also, please look out for the up-coming writing competitions which students will hear about in the notices as well as via our school app.

In every English classroom, there is a focus on reading. To support your children/teenagers with reading, find opportunities to model fluent reading to them. Research tells us that a significant gain can be achieved if young people are provided with daily opportunities to listen to a fluent adult read aloud.


“Reading to Learn – Every Young Person a Reader”

Mrs Celia Norling
Head of Department - English

Creative Arts

In 2015 we have the privilege of offering private tuition for the drum kit and percussion. These lessons will be available on a one on one session, or in a small group. Lessons are approximately 30 minutes in length and cost $35 per half hour. Group lessons may be at a reduced cost. If you are interested in having drum kit or percussion lessons, our tutor Todd Byrnes will be holding an introductory day on Wednesday 5th March. Lessons on this day will be free of charge. If you are interested in an introductory lesson, please have your student register at the Music Centre or alternatively you can email your interest to thale34@eq.edu.au

A reminder that we also offer private tuition for voice, piano and guitar. Should you be interested in any of these programs, please contact the school or email the above mentioned email address. As private music tuition is an enrichment program offered by the school, student responsibilities and expectations in day to day school curriculum are raised. These expectations will be discussed further with all parents and guardians who express and interest.

Ms Kate Shepherd
Head of Department - Music

MASK MAKING WORKSHOP

Recently our Year 7, 8 and 9 Visual Art Excellence classes participated in a Chinese Mask Making Art Workshop with the Confucius Institute from Griffith University. The mentors introduced students to the significance and symbolism of Ancient Chinese Peking Opera masks and face painting. These masks represent the character’s personality and are often used during celebrations.

Students were then asked to create their own masks adhering to traditional colours, patterns and styles. The masks were then displayed for judging and public viewing at the Chinese New Year Festival in Southport.

Miss Lauren O’Toole
Art Teacher
MUSICAL - THE WEDDING SINGER

The Creative Arts Academy of Southport State High School presents *The Wedding Singer*.

**Show times:**
Wednesday 4th – Saturday 7th June

**Tickets:**
$20 General admission
$10 Children under 10

*Tickets on sale soon!*

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**QParents Is Now Live**

QParents, the new Education Queensland portal for parents, is now online at Southport State High School to provide a more convenient, easier way for parents and legal guardians of Queensland state school students to interact with their child’s school.

Parents get secure, online access to their child’s student information, anytime, anywhere, through a smartphone, tablet or computer. The first phase of QParents at Southport only includes years 7 and 8 students.

Parents of Year 7 and 8 students will have received an email invitation by now or, if you don’t have an email address registered with us, you’ll be receiving a letter via Australia Post in the next few days. If you register before Sunday 8th March your name will go into the draw for an iPhone 6. Full details can be found on our website.

See the QParents news article, or visit this link [https://southportshs.eq.edu.au/Calendarandnews/News/Pages/QParents.aspx](https://southportshs.eq.edu.au/Calendarandnews/News/Pages/QParents.aspx)

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**Griffith Success for IPT Students**

Last year was the inaugural year for the Griffith Information Technology programme in Southport High. All senior students selecting Information Processing Technology (IPT) as a subject were given the opportunity to also complete a first-year university course through which an offer of direct entry to Griffith could be attained. Having passed the course to the required standards, students could then choose guaranteed entry into one of four undergraduate degrees including Multi-media and Information Technology.

It is a pleasure to announce that 62% of eligible senior IPT students passed the course and received an official accreditation from the University. Further to this 43% of the participating students also qualified for the well-earned prize of an offer for direct university entry. Congratulations to these students on their hard work and diligence over year! In 2015, the programme is set to continue and many senior IPT students have already expressed their interest in participating.

Mr Greg Lloyd
IT Faculty

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**Canteen News**

Hello and welcome to the 2015 school year.

Did you know that the canteen sells more than just pies, hot dogs and chips? If you order before 9:30am we will gladly make fresh salads, sandwiches, wraps or anything that is on the menu for your student’s lunch for both first and second lunch break. We highly recommend the pre-order of lunches by either using FlexiSchools [www.flexischools.com.au](http://www.flexischools.com.au) or the paper bag system at the canteen. These options guarantee choice of lunch and shorter wait time to collect lunch. We now have a gluten free wrap that we can fill with your choice of filling. There are vegetarian options too.

The canteen opens at 8am and we serve a array of breakfast choices including raisin toast, fruit salad, yogurt, bacon and (real) egg roll, homemade banana bread and muffins.

- First lunch service is 11.25am to 12.05pm
- Second lunch service is 1.15pm to 1.45pm

Safe food handling & hygiene is of premier importance to us at the canteen and all our staff have Safe Food Handling Certificates.

We always welcome volunteers and helpful suggestions. If you have any queries please come and see us or phone 5531 1744.

Mr Geoff Hodskiss
QParents Co-ordinator

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**The Canteen Ladies**
P&C – AGM Date Change

Please note that the P&C AGM will be held on Tuesday 10th March (not 3rd March) at 5:30pm - upstairs in the Administration Building. Everyone is welcome!

Kokoda Challenge

This year four teachers with teams of four students from Southport State High School are participating in the annual 48km or 96km Gold Coast Kokoda Challenge; hailed as Australia’s toughest endurance event; a gruelling cross-country team event with a time limit for completion of 39 hours for 96km teams. Two of the four teams will be completing the 96km event with the other two completing the 48km event.

The Southport SHS teachers and students involved began training in the last term of 2014 with their training schedule now increasing to every second weekend, some including long night walks in preparation. Along with this rigorous training routine comes a lot of dedication from the students’ parents who give up their weekend sleep-ins to drop their students in the early hours of the morning to training. Along with these early mornings comes dedicating their services on the actual event day to be a part of the support crew, ensuring their team members have sufficient supplies throughout the day and night at designated check points.

Currently the Kokoda teams have been lucky enough to be sponsored by Mr Mauro Borgatti and his business Sunfab Metal Fabricators, supplying the team with personalised Kokoda training shirts made by Mr Graham Gerard from Blitzed Sportswear and Lucky 7 in Benowa donating $300. For this we thank them greatly!

Part of participating in this amazing event requires teams to raise a considerable amount of money with each team required to raise $2,500. This money goes to the Kokoda Challenge Youth Program helping young people to gain confidence, direction, life skills, new friends and the knowledge that anything is possible. The students participating also become part of an ongoing and permanent legacy to the Australian Diggers. If you would like to donate to support one of the teams participating please email pmcle37@eq.edu.au to find out how. The Kokoda students and teachers held a fundraising event on Wednesday by selling whole pizzas and soft drinks.

All the money from this day will go towards the teams required fee of $2,500.

Keep your eye out for updates on the students and teachers training progress which will be presented in newsletters to come!

The Kokoda Challenge Southport SHS Teams

Sports News

INTERHOUSE SWIMMING CARNIVAL

Congratulations to the Karragarra Dragons who were runaway winners of the Southport State High School Swimming Carnival for 2015. All four houses were closely placed at the end of the Freestyle and Breaststroke events; however Karragarra surged clear due to their high participation numbers in the more challenging Backstroke and Butterfly events. So well done to Karragarra, it was a true team victory. Thank you to all the staff who helped run the event, and also to the House Captains who did a great job helping out and being encouraging role models.

HOUSE POINTS

<table>
<thead>
<tr>
<th>HOUSE</th>
<th>Bribie</th>
<th>Karragarra</th>
<th>Moreton</th>
<th>Stradbroke</th>
</tr>
</thead>
<tbody>
<tr>
<td>TOTAL</td>
<td>694</td>
<td>1039</td>
<td>663</td>
<td>574</td>
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</tbody>
</table>

2015 SWIMMING RECORD BREAKERS

- **Tanya Stovgaard** broke the records for the 15 Year Girls 100m Freestyle (1:03.20), 50m Freestyle (27.56), 100m Backstroke (1:11.50), 100m Butterfly (1:10.52) and the 25m Butterfly (13.84).
- **Stacey Kearns** broke the record for the 15 Year Girls 50m Backstroke (32.76).
- **Giselle Davies** broke the record for the 12 Years Girls 50m Breastroke (44.82).
- **Kai Edwards** broke the records for Open Boys 100m Backstroke (1:03.08) and the 50m Backstroke (29.53).
- **Matthew Major** broke the record for the 14 Years Boys 25m Butterfly (14.47).
Key points to consider if the student is interested in seeking a School-Based Traineeship or Apprenticeship (SAT):

- 50 days or 375 hours must be completed in the workplace.
- Student is absent from school 1 day each week to attend work.
- It is often necessary to undertake extra shifts during school holidays.
- There is a theory component and units of theory must be successfully completed (taking on a traineeship is like taking on another subject).
- Training attendance may be required during weekends or school holidays.
- It is the student’s obligation to catch up on any class work missed due to their SAT work and theory commitments.

A School-Based Traineeship or Apprenticeship is not recommended for Year 11 or 12 students on an OP Pathway at our school.

The Industry Liaison Office at school is located upstairs in B Block, Room B01. Students can make an appointment or come to see us during lunch times. Parents please feel free to phone for an appointment on 5509 1285.

Karen Hall - School Industry Liaison Officer
Roslyn Alcorn - Industry Liaison Support

**Current School-Based Traineeship Opportunities:**

- **Bendigo Bank, Paradise Point** offering a traineeship position for a mature student to gain a Certificate III in Financial Services.
- **City Beach** – Certificate III in Business, Surfers Paradise and Helensvale
- **Crema Espresso, Harbour town Certificate III in Hospitality**

**Healthy Habits, Helensvale**

Students: many more opportunities are available—see noticeboards at school or visit the ILO office during your breaks to make an appointment.

Mrs Karen Hall
Industry Liaison Officer

**Heading In The Right Direction…Pathways To A Promising Future**

Undertaking a School-Based Traineeship or Apprenticeship (SAT) has multiple benefits for a Senior School student including:

- Development of knowledge and experience in an industry of choice.
- The opportunity to achieve a nationally recognized qualification while at school.
- The student becomes a more attractive candidate for future employment.
- Increase personal confidence and self-esteem.
- Enables the student to earn an income while at school.
- A successfully completed SAT contributes points towards the Queensland Certificate of Education (QCE).

**Traineeship or Apprenticeship (SAT):**

- 50 days or 375 hours must be completed in the workplace.
- Student is absent from school 1 day each week to attend work.
- It is often necessary to undertake extra shifts during school holidays.
- There is a theory component and units of theory must be successfully completed (taking on a traineeship is like taking on another subject).
- Training attendance may be required during weekends or school holidays.
- It is the student’s obligation to catch up on any class work missed due to their SAT work and theory commitments.

**Traineeship** is like taking on an extra part-time job.
- Student must be successfully completed (taking on a traineeship is like taking on another subject).
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Community News

Open Day

Queensland Academies - Health Sciences Campus (Southport) will be holding a Community Open Day on Saturday 28th February from 10am until 1pm. There will be fun and interactive activities, a parent seminar, student led campus tours and 2016 enrolment information from the Campus Principal. All are welcome to attend. You can RSVP online at http://www.qa.eq.edu.au/rsvp

Runaway Bay Youth – After School Program

The Runaway Bay Youth Centre includes a multipurpose youth space which is adjacent to the Runaway Bay skate park. The Runaway Bay Youth program is run during the school term, during the following times:

- Wednesday 2pm-6pm
- Thursday 3pm-7pm
- Saturday 1pm-4pm

The program includes:

- Organised youth activities for young people aged 12-17 years
- Computers with internet access and Microsoft Office suite
- Sports equipment including basketball, pool and table tennis
- Preparation for learner driver test
- Help with resume writing and homework help
- All activities are free

Located at: 379 Oxley Dve, Runaway Bay
For information - phone: 0408 734 061 or email: runawaybayyouth@goldcoast.qld.gov.au

Griffith Uni - Mindfulness Course for Parents

This 5 week course will use practical mindfulness based exercises to help you develop new coping skills for dealing with the stress associated with being a parent.

Cost: $100
Starting dates:
2nd – 30th March
5 consecutive Mondays
10:30am – 12:30pm

2nd – 30th March
5 consecutive Mondays
5:00 – 7:00pm

2nd – 30th March
5 consecutive Mondays
9:30 – 11:30am

For further information or to secure a place please contact Griffith University Gold Coast Campus Psychology Clinic on 1800 188 295 or email psychclinic-gc@griffith.edu.au

My Future: My Life

Think, Prepare, Plan for life after school
Gold Coast workshop

My Future: My Life is a ground-breaking initiative which encourages and supports Qld secondary students with a disability to pursue their vision and goals of life after school.

Purpose: The workshop will help participants
- think creatively about life after school
- identify and capture student’s unique potential and goals
- link to community resources
- identify what it would take to put the student’s plan into action

Where: Varsity Lakes Sports House Community Centre, 337 Christine Ave, Varsity Lakes
When: Tuesday 17th March
Time: 9:30am-2:30pm

We need your help!
Looking for Sponsorship…..

Can you help us? Or know a business that can? We desperately need to replace our microphones for this year’s school Musical so we have a target amount of $20,000 to reach. We would love our community to help us raise these urgently needed funds.

If you can help with donations of goods, services, raffle prizes or monetary contributions please contact our Musical Director.

Kelly Maslen
kmasl10@eq.edu.au

Centacare
Catholic support services, providing help, creating hope