Time is certainly flying by and it is hard to believe we are already over halfway through Term 3. The last few weeks of this term is a very busy time as our Year 12 students will be working hard to complete assessment and will also sit the Queensland Core Skills Test. We certainly wish them all the best in their endeavours and we will be providing the highest level of support possible.

Our current Year 10 students will be going through a very rigorous program of choosing their senior program for the next two years. We will be providing an extensive careers day, parent information evening and will be interviewing all Year 10 students and their parents/carers. This process supports our philosophy of ensuring each student has an individual pathway and that we have provided the best support for all students and their families. It is the most important time for our students and we appreciate the support of our parents and carers. All students were issued with a letter outlining the process for subject selection; please see our website (www.southportshs.eq.edu.au) for more information.

Our current Year 8 and 9 students will also be involved in subject selection processes for 2012 towards the end of this term. More information will be sent to parents/carers in the near future and will be made available on our website.

Our Homework Centre has been in full swing this term. I am pleased to report that we have over 40 students who regularly attend. I encourage all students who would like tutoring or support with assignments and study to attend. The Homework Centre is open every Monday and Thursday afternoon from 3:00 to 4:30pm. Our teachers should be commended for giving up their private time to ensure the success of our students.

We have made available on our school website the year level assessment calendars for Semester 2. Once on the website click on ‘Curriculum’, then ‘Testing and assessment’, then ‘List all current assessment calendars’. You can then select the relevant year level for your student. We hope that you find this information useful.

Recently we have had many students representing our school in various events and competitions and I am very proud to report to you all that we have had some amazing results. Our Performing Arts students have led the way with our Drama students winning the junior and intermediate Drama Fest competitions, our seniors were very unlucky not to be winners as well. Our Band students have been outstanding and received some great accolades for their performances. Our sports stars have been busy at our track and field carnivals - running, jumping and throwing their way into the record books. These are just a few of our recent successes and I look forward to our various awards nights next term when we will be able to formally recognise the staff and students who have gone above and beyond in their pursuit of excellence.

We are also busy preparing for 2012. In saying this we have some very exciting developments that will ensure that we are the leading academic school on the Gold Coast. These developments are being finalised and we will endeavour to keep you informed in the near future.

In closing I would like to continue to draw your attention to the outstanding work of our staff in ensuring that all students have the best education on the Gold Coast. I am very proud that our outstanding results in all fields are starting to reflect the dedication and commitment of our staff. Together we are ensuring that our children have the best chances both now and in preparing for life after school.

Mr Steve McLuckie
Principal

Subject selection for Yr 11, 2012

Our Year 10s are undertaking a rigorous process for their subject selections for Year 11, 2012. As part of their Student Education & Training Plan (SETP) they have already completed part one which involved goal setting and career searches.

On Tuesday 23 August students were presented with options from the Heads of Department about the offerings in their individual departments. The day culminated with a parent information evening.

From 29 August students and their parent/guardian are having individual interviews with senior school staff. The bookings can be made on-line using PTO. For further details go to our school website (www.southportshs.eq.edu.au) and click on the Year 11 2012 Subject Selection news article.

Queensland Core Skills Test

We wish the Year 12 students doing their Core Skills Test next week on Tuesday and Wednesday in the Enterprise Centre the best of luck and know they have been supported strongly by an intensive program to enable them
to do the best they can.

Please support your child by ensuring they have plenty of sleep and good brain food – low GI – to give them the stamina they will need over the two days.

Year 12 non-OP students who are not taking the Rank options may remain at home for the two days provided all of their current assessment is up-to-date. A supervised room will be provided for students to attend and do their catch-up work.

Year 11 students will utilise the set up in the Enterprise Centre for the year 12 test, and undertake their first practice test on Thursday 1 September. Their papers will be marked by Mighty Minds and students will be given very detailed feedback as to their performance for us to plan with them ways of improving for their official test next year.

Year 11 non-OP students who are not taking the Rank options may remain at home for the day provided all of their current assessment is up-to-date. A supervised room will be provided for students to attend and do their catch-up work.

Mrs Robyn Marconi
DEPUTY PRINCIPAL

Upcoming Events Calendar

The following are proposed dates on our school calendar

<table>
<thead>
<tr>
<th>AUGUST</th>
<th>SEPTEMBER</th>
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<tbody>
<tr>
<td>Mon 22nd – Fri 26th</td>
<td>Instrumental Music Eisteddfod</td>
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<tr>
<td>Tues 23rd</td>
<td>Yr 10 Parent Information Evening</td>
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<tr>
<td>Tues 30th – Wed 31st</td>
<td>Yr 12 QCS test days</td>
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<tr>
<td>Fri 2nd</td>
<td>GOLD COAST SHOW PUBLIC HOLIDAY</td>
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<tr>
<td>Thurs 8th</td>
<td>SEP GC Rec &amp; Sport Athletics Day</td>
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<tr>
<td>SEP 19 – SEP 30</td>
<td>SPRING VACATION</td>
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<td>TERM 4 MONDAY OCTOBER 3rd</td>
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<tr>
<td>Tues 04th</td>
<td>Yr 09 &amp; 10 Immunisations</td>
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<tr>
<td>Thurs 06th</td>
<td>Drama ZZZ Butoh Workshop</td>
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<tr>
<td>Tues 11th</td>
<td>10 MST full boat day</td>
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<tr>
<td>Wed 12th</td>
<td>Drama – Julius Caesar night</td>
</tr>
<tr>
<td>Mon 17th</td>
<td>Strings Primary School workshop</td>
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<tr>
<td></td>
<td>STUDENT FREE DAY</td>
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Challenge Tennis Centre Opening

After many years of planning, collaboration and hard work, the new $555,990 Challenge Tennis Centre has been officially opened at Southport State High School. The official opening ceremony was held on Friday 29th July with many honorable guests in attendance.

State Member for Southport Peter Lawlor’s speech congratulated all parties involved with the development of the new facility – the Gold Coast City Council, Labrador Tennis Club, Sport & Recreation Qld, Tennis Queensland and Southport State High School. It was a collaborative partnership with Gold Coast City Council providing $176,000, the Labrador Tennis Club contributing $108,711 and Sport and Recreation Queensland chipping in with the vital remainder of the project cost with $271,279 granted.

This first-class tennis facility consists of four tennis courts and two multipurpose courts surfaced with plexipave as well as two synthetic grass tennis courts and improved lighting. Since the completion of the facility in early 2011 we have seen some very promising outcomes including the establishment of a professional coaching program.

From the Guidance Officer

2012 STAR Entry Scheme

Southern Cross University is offering the 2012 STAR Entry Scheme also known as the Principal’s recommendation Scheme. The scheme provides Year 12 students in the SCU High School feeder region to gain admission on the basis of the Principals recommendation not your OP or rank.

Year 12 students can register online at www.scu.edu.au/star. They will need their Year 12 student number and can select up to two courses. OP ineligible students and international students are also encouraged to register.

Student will have until 24 August to register online for the scheme. After this date they can still register using a paper registration form found on the website www.scu.edu.au/star. Successful students will be notified by mid October.

Scholarships will be offered in conjunction with the STAR scheme offer.
**Scholarships**
Applications for Southern Cross University’s 2012 Rising Stars Scholarship opened in July and can now be completed online. Some scholarships have an early online closing date of August 24 with all other online scholarship applications closing November 30. Information on which scholarships will be offered in 2012 will be updated regularly on the website and students will be considered for all scholarships for which they are eligible. For further information about scholarships and how to apply visit www.scu.edu.au/scholarships.

**Get a Head Start**
Southern Cross University is developing a new program that will enable Year 11 and 12 students to undertake a unit of University study at SCU while completing senior studies. The program aims to provide local students with the opportunity to gain a taste of life at University, to simulate their interest in academic pursuits and to enhance their educational performance and long term aspirations. The University subjects will be offered at the Gold Coast campus. Participating students will not be required to pay course fees for this unit of study. Successful completion of the program will earn the student an offer of place in a range of Southern Cross University courses and give them credit for the unit when they enrol. For further information see myself or visit www.scu.edu.au/headstart.

**2011 Griffith Guaranteed Admission Scheme**
The scheme grants appropriately qualified students, based on Year 11 and Semester 1 Year 12 results, guaranteed admission into Griffith University Programs.

The programs include Humanities, Business, Education, Health, Law, Queensland College of Art, Science, Engineering and Technology. Admission into all programs listed, also requires that applicants are current OP eligible students who have besides the early admission criteria, listed at least SAs in other subjects, and meet the program prerequisites. Humanities and Law have additional requirements.

Applications close at the end of August please come to my office for an application form.

**CHC Open Day**
Christian Heritage College are having an Open Day Saturday 27th August 10am – 2pm at Wecker Road Carindale. The open day will offer student and parents the opportunity to check out the range of courses, tour the campus and facilities, meet and chat with their lecturers and feel what its like to part of the 800 strong dynamic student community. For more information visit chc.edu.au.

**UQ-Link Access Program**
The University of Queensland is now accepting UQ-Link Program applications for the 2011-2012 tertiary admissions period.

The UQ-Link Access Program is for current school-leavers and gap year students who have experienced educational disadvantage as a result of their financial circumstances. Students who satisfy the UQ-Link Access criteria will automatically receive 5 bonus points towards UQ entry. The bonus is applicable to all undergraduate programs.

The program has several benefits a start up bursary of $500 to help fund up-front education costs for all approved applicants who enrol in a UQ program and access to a range of support services including transition advice.

UQ-Link Access students will also be considered for one of a limited number of UQ-Link Scholarships valued at $3000 per year for up to four years. No separate application is required.

For more information or to complete an online application form go to www.uq.edu.au/study/uqlink-enquiry. Applications close 31 October 2011. Please contact (07) 3365 7113, or email uqlink@uq.edu.au if you have further enquiries.

Other special entry schemes available to students wishing to study at UQ include:

1. Aboriginal and Torres Strait Islander Alternative Entry (phone: 3365 6699 or visit www.uq.edu.au/ATSIS
2. Educational Access Scheme (EAS) administered through QTAC (phone: 1300 GO QTAC (1300 467 822) or visit: www.qtac.edu.au)

**Information for Parents of Year 12 students.**
This term I offer a lot of support to the Year 12 students to assist them with planning for the future, whether this is to gain work or pursue further study. The Year 12’s have received their Queensland Tertiary Admissions Centre book, which gives details of all Degree and Diploma courses available next year, as well as how to apply online. Online applications are the only way a Year 12 student can apply. There are many other responsibilities facing the Year 12 students in Term 3 so I ask you as parents/carers to suggest to your Year 12 student to see me as early as possible in Term 3 if they want some assistance with future planning.

Good luck with your planning and organisation for the rest of the year.

Mr Greg Cheshire
GUIDANCE OFFICER
From the Nurse

There are still many students who arrive at school without eating breakfast. This puts a great deal of strain on their bodies for the morning and day and will affect their concentration.

Most research associating breakfast with mental acuity and emotional well-being has focused on youth. Studies have found that children and adolescents who eat breakfast show improved memory and test grades. The relatively few studies of adults show more mixed results. These studies suggest breakfast brings benefits in memory, energy level and mood.

Several studies suggest breakfasts that slowly release carbohydrates into the blood help memory and concentration more than those that rapidly release large amounts. Carbohydrates are released slowly by foods that contain whole grains and solid fruit rather than refined grains (whether bread, pastry or cereal) and fruit juice or soft drinks. Oats are fantastic for both filling young people and for the slow release of carbohydrates into the system.

One reason breakfast can benefit overall health is that it presents one of the main opportunities for people to take in nutrients often lacking in their diet. Studies often link eating breakfast with higher daily intake of fibre, calcium, iron, folic acid, and vitamin C.

Stay clear of the sugar, no lollies, Coke, V, etc for breakfast, if at all.

Whole grains, fruit and protein

Breakfast provides easy options to meet the goal of three or more servings of whole grains, for example, via whole grain cold cereal, oatmeal and whole grain toast. Breakfast is also a great time to get in at least one serving of fruit or vegetables — perhaps in an omelette or vegetable juice. It is far easier to reach the recommended daily total of five servings of vegetables and 2 fruit when they are a part of meals and snacks all day long.

For a long-lasting, health-promoting breakfast, one formula is to combine a whole grain, a fruit or vegetable, and a healthful source of protein. For the latter, choose a food that is either low in fat, such as skim milk and low-fat yogurt, or contains healthful fat, such as peanut butter and walnuts.

People who aren’t hungry in the morning often find that if they eat less at night, they begin waking up hungry. For others, a piece of fruit to start the day and a healthful early morning snack may work best or help transition them to a breakfast habit.

Combine this with exercise and you will notice a huge increase in energy and concentration.

Mrs Frances Colahan
Nurse

2011 Gold Coast Show

The Gold Coast Show is 3 days of fun for people of all ages. Held at the Parklands Showgrounds, cnr Smith St and Parklands Dve Southport, the 2011 Goldsteins Bakery Gold Coast Show will take place on:

• Friday 2nd [Gold Coast Public Holiday] & Saturday 3rd September - 9am to 9pm
• Sunday 4th September - 9am to 5pm

Show Ticket Prices

<table>
<thead>
<tr>
<th></th>
<th>GATE ADMISSION</th>
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<tr>
<td>Family (2 Adults + 3 Children under 14yrs)</td>
<td>$45</td>
</tr>
<tr>
<td>Adult</td>
<td>$20</td>
</tr>
<tr>
<td>Students / Pensioners / Seniors</td>
<td>$10</td>
</tr>
<tr>
<td>Children (under 14 yrs)</td>
<td>$5</td>
</tr>
<tr>
<td>Pre-school Children</td>
<td>Free</td>
</tr>
<tr>
<td>Parking</td>
<td>$10</td>
</tr>
</tbody>
</table>

This annual show celebrates its 105th year in 2011 and from the moment you enter the gates there will be no shortage of fun and entertainment.

All the favorites will be there including sideshow alley, showbags, animal competitions, entertainment, equestrian events, wood chopping, homecrafts, fireworks and of course Southport State High School’s Animal Nursery.

Our school’s Animal Nursery is always one of the show’s most popular attractions where people of all ages can get up close to a range of cute baby animals including lambs, kids, calves, chicks, ducklings, piglets and guinea pigs. Our larger farm animals including cattle will also be displayed along with some unusual animals like the llamas which we are lucky enough to be able to exhibit for Spitfire Park from the Sunshine Coast. This event is a wonderful opportunity for our Agriculture students to publicly showcase their talents and the school’s unique farm facility to the Gold Coast community. So when you are at this year’s Gold Coast Show make sure that you visit our Animal Nursery which will be located in the Dairy Farmers Animal Pavilion (adjacent to the Rodeo).

Mr Steve Dillon
Agriculture Teacher
**Age Champion Results - Top 5 Male Athletes 2011**

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Total Points</th>
<th>Athlete</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>13 Yrs Boys</td>
<td>91</td>
<td>Nick Greenwood</td>
<td>14</td>
</tr>
<tr>
<td>14 Yrs Boys</td>
<td>118</td>
<td>Liam Bain</td>
<td>20</td>
</tr>
<tr>
<td>15 Yrs Boys</td>
<td>91</td>
<td>Rhys Weber</td>
<td>14</td>
</tr>
<tr>
<td>16 Yrs Boys</td>
<td>119</td>
<td>John Duncan</td>
<td>14</td>
</tr>
<tr>
<td>Open Boys</td>
<td>72</td>
<td>Jordan Zonneveld</td>
<td>14</td>
</tr>
<tr>
<td>13 Yrs Girls</td>
<td>111</td>
<td>Marina Slomovic</td>
<td>14</td>
</tr>
<tr>
<td>14 Yrs Girls</td>
<td>107</td>
<td>Cassidy Rae Turnbull</td>
<td>14</td>
</tr>
<tr>
<td>15 Yrs Girls</td>
<td>82</td>
<td>Lauren Underwood</td>
<td>14</td>
</tr>
<tr>
<td>16 Yrs Girls</td>
<td>137</td>
<td>Saeran Tanton</td>
<td>14</td>
</tr>
<tr>
<td>Open Girls</td>
<td>109</td>
<td>Rosannah Van Wingerden</td>
<td>14</td>
</tr>
</tbody>
</table>

**Age Champion Results - Top 5 Female Athletes 2011**

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Total Points</th>
<th>Athlete</th>
<th>Points</th>
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<tbody>
<tr>
<td>13 Yrs Girls</td>
<td>111</td>
<td>Marina Slomovic</td>
<td>14</td>
</tr>
<tr>
<td>14 Yrs Girls</td>
<td>107</td>
<td>Cassidy Rae Turnbull</td>
<td>14</td>
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<tr>
<td>15 Yrs Girls</td>
<td>82</td>
<td>Lauren Underwood</td>
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<tr>
<td>16 Yrs Girls</td>
<td>137</td>
<td>Saeran Tanton</td>
<td>14</td>
</tr>
<tr>
<td>Open Girls</td>
<td>109</td>
<td>Rosannah Van Wingerden</td>
<td>14</td>
</tr>
<tr>
<td>Champion House Competition Points 2011</td>
<td></td>
<td></td>
<td></td>
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<td>---------------------------------------</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>BRIBIE</td>
<td>KARRAGARRA</td>
<td>MORETON</td>
<td>STRAD BROKE</td>
</tr>
<tr>
<td>1540</td>
<td>1473</td>
<td>1469</td>
<td>2508</td>
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</table>

**Record Breakers**

Congratulations to the following students whose fantastic performances saw them break records on the day.

Year 9 Liam Bain set a new standard in the 14 Boys Shot Put adding 90cm to the old record with a huge throw of 12.83m.

Liam Bain also bettered the 14 Boys 100m record of 11.88m by running the 100m in 11.83.

Year 9 Crystal Maiava added 46cm to the 14 Girls Shot Put record with a new throw of 7.99m.

Year 11 Gerome Marsters set a new standard in the 16 Boys Shot Put with his throw of 12.40m.

Year 9 Tori Schiefelbein ran the 14 Girls 100m in 12.99sec bettering the old mark of 13.10secs.

Students now represent Southport High at this year’s Broadwater Track and Field Carnival.
Reminders

**Woolworths Earn & Learn**

Southport State High School is now registered with The Woolworths Earn & Learn program. We encourage parents, students and teachers to collect Earn & Learn points every time you shop at Woolworths from now to September 18 2011.

Woolworths will give us one Earn & Learn point for every $10 spent in store (excluding the purchase of cigarettes, alcohol and gift cards). All you have to do is bring your docketts into the school. Students can place their docketts in the collection box in Student Services and parents can utilise the box in the School Admin Foyer.

The program is Woolworth’s way of giving away $5 million worth of educational resources to Primary and Secondary schools right across Australia. At the end of the 9 week program Southport High will redeem our grand total of Earn and Learn points and choose from more than 7,000 items from the MTA (Modern Teaching Aids), the biggest source of educational resources in Australia. The list includes library books, classroom equipment, art & craft materials and much, much more.

The docketts Earn & Learn points will be uploaded onto the Woolworths webpage regularly. You can check our schools points online at Woolworths.com.au/earnandlearn

**Coles Sports for Schools**

Coles has launched their 2011 Sports for Schools program and we are excited to announce that Southport will be participating and collecting vouchers for sports equipment. The quality sports gear is from some of Australia’s favourite sporting brands such as Adidas, Sherrin, Steeden, Speedo, Wilson and Gray Nicolls.

Vouchers are available in all Coles stores from 11 August to 19 October. We are appealing to parents and guardians to collect as many vouchers as you can. By donating and encouraging friends and family to do the same, you are helping to provide a healthy and active education for our children.

Every member of our school’s community will earn one voucher for every $10 spent in a Coles, Coles Online, Bi-LO or Pick ‘n’ Pay store. Excluded items include: Coles Express and Coles Insurance purchases, gift cards, liquor, tobacco and tobacco related product purchases. Plus throughout the program there will be opportunities to collect bonus vouchers with our special promotional offers on selected products. So keep an eye out instore, online and on TV!

More information is available from www.coles.com.au/sportsforschools for more information about the program and you can also browse the sporting gear available to see what equipment we are aiming for.

A collection box will be located in Admin for parents and Student Services for students so please feel free to drop the vouchers in the box.

**2011 Screen It competition**

The Australian Centre for the Moving Image (ACMI) 2011 Screen It competition is now open.

This year, primary and secondary students are asked to produce a film, animation or video game responding to the theme ‘respect’.

Expressed in many ways, respect is learning how to treat ourselves and others with fairness and dignity. It involves learning to work together, manage conflict and to value differences.

This year ‘Bullying. No way!’ is sponsoring additional categories to recognise entries relating the theme to bullying, with the winner receiving a $1000 bursary for their school.

The winning entries will be the ones judged to be the most innovative, exciting and inspiring.

Entries close September 16.

More information is available from www.acmi.net.au/screenit.htm

**Finance**

**Year 12 Students**

Year 12 students wishing to attend the senior formal must have ALL outstanding fees and levies paid in full before payment for the formal will be taken.

**2012 ID Cards**

For students to collect their 2012 ID cards (available late March/early April 2012) a minimum of $100 must be paid on 2012 fees, and ALL outstanding fees/levies from previous years must be paid in full. Students whose fees are being paid through an active Centre Pay (Centrelink debit) will be permitted to collect their ID card.
EVER THOUGHT ABOUT YOGA?

COMMENCING WEDNESDAY 13TH JULY IN THE ENTERPRISE CENTRE

Relax - Restore - Rejuvenate

6.15pm – 7.45pm Yoga incl.
7.15 – 7.45 Beginners Meditation
(Meditation is by donation if you choose this option)

For more information on classes or prices phone. Free for students.
Anita 0431 532 365

Runaway Bay Little Athletics

Sign On Dates for 2011/2012

First Time Members: Friday 2nd September 4-7pm & Saturday 3rd September 9am-12 noon

Re Registrations: Wednesday 7th September 4.30-6pm

Competition Commences: Friday 9th September

For more information: www.rbla.com.au or info@rbla.com.au


The Super Sports Sign-On Day is a free event for children to learn about the variety of junior sports on offer from local sporting clubs, have fun and enjoy an active and healthy lifestyle through sport.

For further information visit www.sportrec.qld.gov.au.