Well the end of the term has finally come! I would like to thank all our staff, students and their families on what has been a very busy and rewarding term.

NAPLAN (Yr 9 National testing) results were released this week and I am extremely pleased and proud of our results. Our Year 9 cohort did such an amazing job! We were the most improved secondary school on the Gold Coast! A huge congratulations to both our wonderful hardworking staff and students. Parents will receive their individual student’s results next term.

Southport State High School as you are aware had a significant fire last Friday night. I can assure you that our staff have been hard at work making sure that the teaching and learning has not been affected. I would also like to thank our wider school community for all their support and understanding. The fire has only been an inconvenience but has in no way stopped the amazing performances and results of both staff and students.

We have really appreciated the ongoing support of our families who have paid their Resource Higher Contribution Scheme this year. This really supports our teaching and learning that has been happening. Please check upcoming newsletters for dates.

In closing I would like wish our school community a safe and relaxing holiday and hope that everyone comes back refreshed and focused on what promises to be another great term at the best school on the Gold Coast!

Mr Steve McLuckie
Principal

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**2010 Immunisation Program**

<table>
<thead>
<tr>
<th>Year 8</th>
<th>Males</th>
<th>Year 8</th>
<th>Females</th>
<th>Year 10</th>
<th>Any Yr 10 student who missed it on 2nd visit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hepatitis B &amp; [Chickenpox if missed 1st visit]</td>
<td></td>
<td>Hepatitis B &amp; HPV</td>
<td></td>
<td>Any Yr 10 student who missed it on 2nd visit</td>
<td></td>
</tr>
</tbody>
</table>

**P&C Association**

The next P&C meeting will be held at 5:30pm on Wednesday 6th October upstairs in the Administration building. All welcome.

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**Reminders**

**STUDENT PROPERTY**

During the year the school’s lost property collection increases with the majority of items unnamed. We would like to remind all parents/carers and students to clearly label all belongings. School items are expensive and therefore every preventative step should be taken to ensure that if these items are lost, they can be returned to the correct owner.

**UNIFORMS**

Southport SHS is a uniform school and it is expected that all students wear the school uniform. It is the affirmed policy of the school's P&C Association that the uniform be worn by all students attending the school. Uniforms are to be purchased from the school uniform shop. Students will wear their day uniform to school on all days except the allocated sport day. Alternatives or alterations are unacceptable.

The school uniform is an important part of school organisation and all students are expected to observe the details of the correct attire. Students must remember that when in our school uniform outside of the school grounds they are representatives of Southport High and are required to behave in an exemplary manner.

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**Upcoming Events Calendar**

The following are proposed dates on our school calendar:

**SEPTEMBER**

| SPRING VACATION 18th Sept – 3rd Oct |

**OCTOBER**

| 4th  | First day Term 4 |
| 6th  | P&C Meeting |
| 18th | Student Free Day |

**NOVEMBER**

| 3rd  | P&C Meeting |
| 5th  | Immunisations |
| 19th | Yr 12 Final day & Formal |
| 26th | Yr 10 & 11 Final day |

**DECEMBER**

| 1st  | P&C Meeting |
| 10th | Yr 8 & 9 Final day |
The Arts

Drama Festival Wrap Up 2010 - Intermediate Performers Impress Again!

On Saturday 21st August 2010 a group of Year 9 and 10 Drama students performed in the final section of the Drama Festival. This Intermediate section hosted some competitive performances throughout the section with Southport State High School a clear stand out!

Our play “Blind City” wowed audiences with visually engaging physical ensemble work and challenging dialogue. The students created an interesting world set in an abandoned toy store where a young girl guides the audience through a modern day “inferno” introducing them to many broken and fractured toys.

Overall, the students performance was flawless and their commitment obvious, demonstrating how professional the students of the Creative Arts Academy are. Our students managed to win the 1st runner up trophy and the prestigious Adjudicator’s Trophy, in addition to a plethora of individual highly commended certificates, the most for any one play in the entire Intermediate section of the competition. In addition to these amazing awards, I am pleased to say that Southport had the biggest support crew as many teachers, students, parents and past students came to encourage our kids.

A massive congratulations to my amazingly talented, hard working and dedicated cast: Bianca Cole, Sian Tucker-Williams, Casey D’Arcy, Holly Biddle, Emily Kent, Zeta Priestley, Steven Bracanovic, Siobhan Sheehan, Tailen Wright, Robyn Must, Lucy Gromova, Bella Gee, Tayla Skinner and Rebecca Gillingham. Your continued commitment to this show and the Creative Arts Academy made the process rewarding. Thank you for supporting me and my ideas throughout this journey – I couldn’t have created this show without your support!

Ms Cara Welch
Drama Teacher

Industrial Design & Technology Department

The last few weeks have been very positive. Our senior students in particular have been working hard and their efforts are now coming to fruition. The senior Construction students have now completed the transformation of J9 from a tired old classroom into a wonderful computer laboratory. The room looks fantastic so well done lads, and Mr Cronin.

Our Year 11 Construction students have been concreting a number of areas within the school and their work has lifted the look of these areas and given the school grounds a much better appearance. Well done to those students who have worked hard, it is very physical and demanding work.

Our Senior Furnishing students are completing some shelving units for the Hospitality Department. This is another project that is providing valuable resources for the school. Thank you to the students who have participated.

Mr Tony Lawrance – Acting HOD INDUSTRIAL DESIGN & TECHNOLOGY

Head of Year 8

The Year 8 cohort had an exceptional start to the school year and at the close of Term 3 they continue to thrive. Academically the Year 8 cohort have achieved consistently strong results across all teaching areas, with students in the PACE program raising the bar again and again with their results and all students in terms of their social development and interaction with the wider school community. As Head of Year I have had the privilage to work with an amazing variety of positive, enthusiastic young individuals that seem to genuinely enjoy our wonderful school and embrace all the opportunities that it has to offer. I would like to take this opportunity to thank all Year 8 PLC teachers for their commitment and support to these students and Deputy Principal, Mrs Robyn Marconi for her guidance and leadership. I am taking a year’s leave over the next school year and would like to wish the new Head of Year 8 every success with this fun and incredibly gifted group of students. See you all in 2012.

Mr Callum James
Head of Year 8
**Agriculture**

2010 Goldsteins Bakery Gold Coast Show

Our Animal Nursery proved to be a very popular attraction at the 2010 Goldsteins Bakery Gold Coast Show. I received positive feedback during the three days from members of the public complimenting our students on their behaviour, dress and conduct. This feature event on the school calendar was once again a magnificent display of the students' talents in Agriculture. There are still many Gold Coast residents that do not realise that Southport State High School has an agricultural program so it is a great way to publicly showcase the farm and our wonderful students to the community. Southport State High School received some great publicity with our Animal Nursery featuring in a number of articles in the Gold Coast Bulletin and Channel 9’s Gold Coast News weather presenter Paul Burt did a live cross from our display.

During the Show some very keen students began the day with me at 5am and did not leave until 9pm, this was of course by their own choice – a big day for any adult let alone a student. Many students also gave up their own time on weekends prior to the Show to help with preparations and setup. I sincerely thank all the students who were involved with the Animal Nursery display for being fantastic ambassadors for Southport State High School. I cannot run this event at the Gold Coast Show alone, so I would like to acknowledge and thank the other staff members who helped me over the three Show days – Serina Coppola, Leigh Johnston, Clarice Graham and Carolyn Golden. I would also like to thank other staff members both past and present for showing their support by visiting the display. It was also fantastic to see many past students visit the Animal Nursery, some now with their own children.

Even though our school has a diverse range of animals we were very fortunate to have support from a couple of farmers to exhibit their animals as part of our display. We sincerely thank:

- Judith Turner from Jay Tees Charolais Stud – for exhibiting a Charolais bull
- Sue Smith from Yarabillgong Belted Galloway Stud – for exhibiting a cow and calf
- Bob & Sylva from Spitfire Park (on the Sunshine Coast) – for exhibiting: two Llamas - [pictured below right]

Even though it is three very long and tiring days, we are all looking forward to presenting our Animal Nursery to the Gold Coast community at next year’s Gold Coast Show.

Steve Dillon
Agriculture Teacher

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**Art**

This year, Southport State High’s Art Department showcased a collection of student artwork at the Goldsteins Bakery Gold Coast Show. The exhibit was filled with paintings, drawings, sculptures and mixed-media pieces from students from Years 8-12. Despite much competition from other schools, the following talented students left the Show with awards.

First Place Awards:
Tigh Barrie (Yr 8), Jacob Townsend (Yr 8), Zuong Dang - 2 awards (Yr 11) and Olive Paraguyay (Yr 11)

Second Place Awards:
Shannon Dwyer (Yr 8), Michael Gielingh (Yr 8), Hayden Windle (Yr 8), Matthew Walden (Yr 10), Shayler Conder (Yr 11), Michaela O’Brien (Yr 11) and Olive Paraguyay (Yr 11)

Highly Commended Award:
Sam Dunn (Yr 11)

In addition to these individual awards, Southport State High School also won the ultimate art prize, the Visual Art Secondary Schools First Place Award.

Congratulations to all involved!

Pete Fadner & Lauren O'Toole
Art Teachers
Southport High’s Interhouse Track & Field Carnival was held at Griffith University International Athletics Centre on Friday 13th August after being washed out early in the week. In what was another very successful athletics carnival, Stradbroke once again dominated and raced away to a solid victory in the tussle for champion house honours. There was strong participation in each of the age groups and some very close battles. It was great to see the efforts that students went to in dressing up in house colours. This certainly always adds to the great atmosphere on the day. A huge thank you to all the staff who helped run the carnival so smoothly and made it a great day for all.

**HOUSE POINTS:**

<table>
<thead>
<tr>
<th>HOUSE</th>
<th>BRIBIE</th>
<th>KARRAGARRA</th>
<th>MORETON</th>
<th>STRADBROKE</th>
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</thead>
<tbody>
<tr>
<td>TOTAL</td>
<td>1507</td>
<td>1776</td>
<td>1304</td>
<td>2106</td>
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</table>

**AGE CHAMPIONS:**

**BOYS**

<table>
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<tr>
<th></th>
<th>13</th>
<th>14</th>
<th>15</th>
<th>16</th>
<th>OPEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>OPEN</td>
<td>42 competitors</td>
<td>49 competitors</td>
<td>26 competitors</td>
<td>17 competitors</td>
<td></td>
</tr>
</tbody>
</table>

**GIRLS**

<table>
<thead>
<tr>
<th></th>
<th>13</th>
<th>14</th>
<th>15</th>
<th>16</th>
<th>OPEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>Olivia Weckerle</td>
<td>81</td>
<td>2. Alicia Nunn</td>
<td>97</td>
<td>2. Rebecca McCormick</td>
</tr>
<tr>
<td>OPEN</td>
<td>25 competitors</td>
<td>24 competitors</td>
<td>20 competitors</td>
<td>18 competitors</td>
<td>26 competitors</td>
</tr>
</tbody>
</table>

**Record Breaker:**

Congratulations to Liam Bain (Year 8) who had a fantastic day breaking three records. Liam set a new standard in the 13 Boys’ Triple Jump adding 20cm to the old record with a huge leap of 10.84m. He also smashed the old 13 Boys’ Discus record of 28.18m with a throw of 34.20m and broke the record in the 13 Boys’ Hurdles with a new time of 14.06 seconds, bettering the old record by 1.04 seconds.

Mr Dave Mason
HOD Sport & PE

**BROADWATER ATHLETICS CARNIVAL**

The Broadwater Athletics Carnival was held at the Griffith University International Athletics Centre on August 23rd and 24th. It was a rainy Monday when the events started and the students found the competition quite challenging. By the Tuesday, the sun had come out and the participation and efforts from all the students was very high. Southport High School had a number of exceptional performances from Olivia Weckerle (Year 8), Rosannah van Wingerden (Year 11), Liam Bain (Year 8) and Jackson Hoyle (Year 12) who all made it to the next round of competition. Liam Bain was extremely successful taking out a number of 1st places and ensuring he is there to represent our school at the Regional Carnival. Liam jumped 1.64m in the High Jump, ensuring he took home the 13 Boys’ Outstanding Individual Event Achievement for his efforts.

I was very proud of the students for their efforts throughout the duration of the carnival, in particular the courageous Year 8 students that filled all the events they were nominated in. Fantastic job Southport!

Mr Tom Vieyra
Physical Education Teacher
**From the Uniform Shop**

**New Sports Uniform**
There is a display of sport shirts and sport shorts in the Library for students to see what material they like best. We welcome parents to view the display also to have some input. We are running a competition for students to design the new sport shirt and the student with the best design will receive their sport shirt free. The colours are navy, aqua, white and gold.

*Mrs Donna Thompson
CONVENOR*

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**From the Youth Health Nurse**

**Think about what you eat.......**

Have any of you watched that TV show, “You Are What You What You Eat”? There is plenty of information around to assist us all to eat for health. What you eat can directly affect your ability to do what you like doing. During the teenage years you are growing and developing quickly.

Good food helps you to:

- Stay alert and energetic all day.
- Build a healthy body.
- Perform at your best in school and sport.
- Ward off or recover quickly from sickness.

Healthy eating isn’t just about nutritious foods, it’s also about enjoyment and variety.

Some simple guidelines are:

- Eat different foods, not just the same old foods every day.
- Eat bread, cereal, rice, noodles or pasta with every meal.
- Eat three pieces of fresh, canned or dried fruit every day.
- Eat snacks such as milk, yoghurt, plain crackers, bun loaf and popcorn - instead of cakes and chocolate and chips.
- Eat legumes such as baked beans, kidney beans, or three bean mix every week.
- Eat low fat dairy foods or alternatives (e.g. soy with calcium) every day.
- Eat a small serve of lean meat, chicken or fish, or eggs, nuts or legumes every day.
- Drink several glasses of water every day.
- Choose healthy takeaways such as salad rolls, doner kebabs or steak burgers with lots of salad, meat and vegetable stir fries with steamed rice.

**Eating well is only half the solution to looking good.** Physical activity is also important and will be covered in the next newsletter. You could start though by walking, walk briskly for 30-60 minutes every day. Watch this space for the next item on how to live a healthy life.

For more information:


Read:

- *The Diet Dilemma* - Explained by Rosemary Stanton
- *Real Gorgeous* by Kaz Cooke

Or contact:

- Your local dietician/nutritionist
- Your local School Based Youth Health Nurse Frances Colahan

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**Payments**

The Payments Window will be closed for business from Monday 6th December due to major changes with our accounting system. We will re-open for business on Wednesday 19th January, 2011. During this period payments can be made via internet banking at any time.

**Account details for payment via internet banking:**
064-430 00090200
Southport State High School General Account

**TO PAY VIA INTERNET BANKING:**
1. You need to put the **STUDENT ID NUMBER** (this can be found on your student's timetable or ID card)
2. **REFERENCE** - e.g. *Fees10, subject levy* *(if you have an invoice the invoice number should be used)*

**EXCURSION PAYMENTS:** If you are paying for an excursion and do not know the reference please state where the excursion is to/for (e.g: whales, Heron Island, dance, electronics etc). If this is not done credit will be applied to the oldest outstanding invoice.
**ZUMBA WITH AMAZON**

Tuesdays at 6:30pm
Southport State High School Dance Studio
Get fit and have fun!!
$10 with this flyer
Amazon
0432 606 636

**Extensions Nail & Beauty**

Full Set Acrylic Nails $40
Makeup $40
Spray Tan $25
Formal Packages Available
5571 0644 Chirn Park

**Labrador Futsal Club**

SIGN ON
Competitions for All Age Groups
Men & Women, Boys & Girls
Monday 20th September
4:00 – 6:30pm
Keith Hunt Park, cnr Musgrave Ave & Hockey Lane, Labrador
For further information contact
James 0458 431 074
1800 FUTSAL
Website: [http://qldfutsal-goldcoast.sportzvault.com/](http://qldfutsal-goldcoast.sportzvault.com/)
Email: Jamesw@vikingsfutsal.net

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